

DISTRICT 5  
VIRGINIA ASSOCIATION OF  
NURSE ANESTHETISTS  
2007 WINTER WORKSHOP



SATURDAY  
FEBRUARY 17, 2007

Holiday Inn  
Koger Center South  
1021 Koger Center Blvd.  
Richmond, Virginia

**2007 Program Committee:**

Daniel Frasca, CRNA, MSNA, *Chair*

Kevin Baker, CRNA, MSNA

Nino Bianchi, CRNA, MSNA

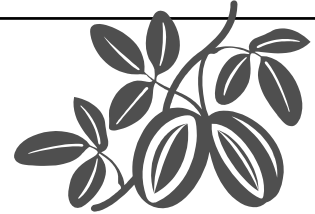
Renee Greenfield, CRNA, MSNA

Tom Kinahan, CRNA, MSNA

Steve Laubacher, CRNA

Sue Wright, CRNA, MSNA

# Program Schedule



6:45 am - 7:20 am	Registration/Coffee/Visit with Exhibitors
7:20 am - 7:30 am	<i>Welcome and Introductions</i> Danny Frasca, CRNA, MSNA, Program Chair
7:30 am - 9:15am	<i>Substance Abuse</i> Art Zwerling, MSN, MS, PA-C, CRNA, FAAPM
9:20 am - 10:10 am	<i>Endograph Repair of Thoracic and Abdominal Aortic Aneurysms: Anesthesia Management from a Surgeon's Perspective</i> Gregg Londrey, MD
10:10 am - 10:30 am	Coffee Break/Visit with Exhibitors
10:30 am - 11:20 am	<i>Post-Operative Nausea and Vomiting</i> Too Joo Gan, MD
11:25 am - 12:15 pm	<i>Ketamine: Refined Uses in Analgesia</i> Lois Stewart, CRNA, MSNA
12:20 pm - 1:10 pm	Lunch/Video - Racial & Ethical Disparities Existing in Healthcare Sue Wright, CRNA, MSNA
1:15 pm - 2:05 pm	<i>The Practice Doctorate for CRNA's; A Positive Vision for the Future, or a Mistake?</i> Michael D. Fallacaro, DNS, CRNA
2:10 pm - 3:00 pm	<i>Value Added Anesthesia—Part 1</i> Michael Chevlen, CRNA
3:00 pm - 3:20 pm	Refreshment Break - Visit Exhibitors
3:20 pm - 4:10 pm	<i>Value Added Anesthesia—Part 2</i> Michael Chevlen, CRNA
4:15 pm - 5:05 pm	<i>The Pain Response from Surgical Incision to Postoperative Recovery</i> John Maye, CRNA, PhD
5:05pm - 5:30 pm	Program Evaluation Submission/Awarding of Certificates of Attendance
5:30 pm	Meeting Adjourned

## PROGRAM OBJECTIVES

**Purpose:** To provide the anesthesia provider with current updates that can be incorporated into daily clinical practice.

1. Assess the nature and impact of the disease of addiction on nurse anesthesia practice
2. Educate Nurse Anesthetists, students on addiction
3. Review the education, prevention, intervention, treatment and recovery of addiction
4. Understand the process of endograph repair of thoracic and abdominal aortic aneurysms from a technical standpoint
5. Recognize and understand the potential intra-operative complications associated with the procedure
6. Understand the rationale for the different methods of anesthesia management for the procedure
7. List the risk factors for post-operative nausea and vomiting
8. Discuss the current proactive prevention and treatment of PONV
9. Discuss the complication of PONV
10. List the various doses (IV,IM) for ketamine and their half lives as well as the expected physiological reactions
11. Identify possible uses for ketamine in both the adult and the pediatric population
12. Identify 3 relative contraindications to the use of ketamine
13. Recognize communication barriers between patients and their health care providers
14. Understand tensions that exist between modern medicine and cultural beliefs
15. Describe the ongoing burdens of racial and ethnic discrimination
16. Distinguish the difference between terminal research and terminal practice degrees for CRNA's
17. Analyze the advantages and disadvantages of requiring a terminal practice degree for CRNA entry to practice
18. Strategize effective methods to address barriers to CRNA doctoral education
19. Cite the patient desired characteristics of the perfect anesthetic
20. Understand the impact agent selection has on patient satisfaction
21. Appreciate the impact blood/gas solubility has in emergence of profiles of an inhalation anesthetic
22. Describe the concept of multi-modality in emesis control
23. Recognize the effect that duration of anesthesia has on time to emergence, extubation, and fitness for discharge
24. Develop an approach for properly structuring your anesthesia career with a focus toward "value added" services
25. Discuss the peripheral mechanisms that are involved in facilitation, inhibition and modulation of pain information
26. Discuss the function of the dorsal horn with regard to the processing of nociceptive information
27. Name the spinal tracts that are involved in the transmission of pain information to the brain
28. Understand the importance of supraspinal factors that influence the perception and response to nociceptive information

# Registration Form

VANA Tax ID 54-1048580

Please complete the following form, detach and mail to the VANA Office.

AANA Member \_\_\_ AANA # \_\_\_\_\_ Associate Member/Student \_\_\_ AANA # \_\_\_\_\_ Non-Member \_\_\_

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_ Email: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Hospital Affiliation: \_\_\_\_\_

## FEES

Registration fee includes breaks, lunch and educational materials.

	<u>On or before 02/5/07</u>	<u>After 02/5/07</u>	<u>On-Site</u>
AANA Members	\$125	\$140	\$150
Non-Members	\$140	\$160	\$170
Students*	\$ 30	\$ 30	N/A *Registration Fee returned on-site

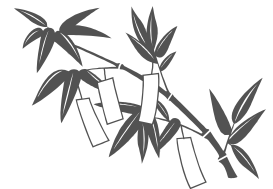
All registration forms must be accompanied by a check for the full amount due. Please make checks payable to the VANA and return with completed form to:

VANA  
2231 Oak Bay Lane  
Richmond VA 23233

Contact the VANA Office by phone (804)754-4122, fax (804)754-0801  
or e-mail VANACRNA@comcast.net, if you have further questions.



## Winter Workshop Faculty



Michael Chevlen, CRNA

Too Joo Gan, MD

Michael D. Fallacaro, DNS, CRNA

Gregg Londrey, MD

John Maye, CRNA, PhD

Lois Stewart, CRNA

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Virginia Association of Nurse Anesthetists  
2231 Oak Bay Lane  
Richmond VA 23233

## *Holiday Inn Koger Center South*

You must contact the hotel directly at (800) 397-1034 or (804) 379-3800 for room reservations. When making a reservation, please ask for the VANA District 5 Winter Workshop Rate, Code VAN. The discounted rate is \$84 plus tax per night and you need to make your reservations by February 1st. Parking: FREE

### *Directions:*

Traveling I-95 South: take Exit 79\* (Powhite Pkwy/195) Keep to the left and follow Powhite to Midlothian Tnpk (Rte 60 West). Follow Midlothian Tnpk for 2 miles to Koger Center Blvd. Take a right into the hotel.

Traveling I-95 North: Take Exit 67 Chippenham Pkwy. Follow 10 miles to Midlothian Tnpk (Rt. 60 West). Follow 5 miles to Koger Center Blvd. Take a right into the hotel.

Traveling I-64: Take Exit 186 for Powhite Pkwy (195). \*Follow Powhite Pkwy to Midlothian Tnpk (Rt. 60 West) for 2 miles to Koger Center Blvd. Take a right into hotel.

Traveling I-64 West: Follow signs to I-95 North (DO NOT TAKE I-295). Stay on I-95 North to Powhite Pkwy/195) (exit 79). \*Follow Powhite Pkwy to Midlothian Tnpk (Rt. 60 West) for 2 miles to Koger Center Blvd. Take a right into hotel.

\*South of the James River, Powhite Pkwy is also listed as Route 76.